# A American Negotiation Institute

How to Have Difficult Conversations
About Race and Justice

#### Structure

Purpose

1 Gift

3 Tools

## **Important**



#### What Your Attendance Says About You

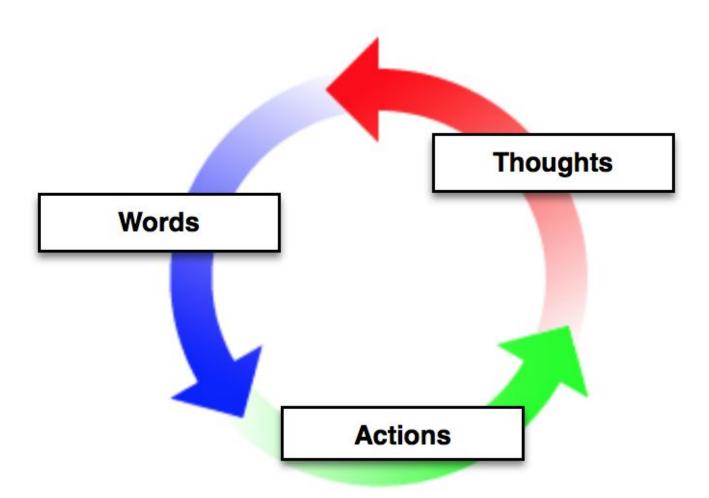
# Attendance Matters!



#### What Brought You Here Today?



## Cycle of Change



# The best things in life are on the other side of difficult conversations.

#### Your Gift

#### Free Guide: How to Have Difficult Conversations About Race and Justice

American Negotiation Institute.com/justice



#### Targeting Two Broad Audiences

1. People Currently Taking Action (Allies)

2. People Who Haven't Taken Action Yet (Potential Allies)

#### **Definitions**

Allies

VS.

**Potential Allies** 

#### Each Audience Gets One Key to Success



## A Tool for the Engaged

Turning Passion Into Persuasion

#### Focus



#### Focus On Yourself



#### Focus on Your Goal



#### Focus On Them



#### Focus on Accountability, Not Shame

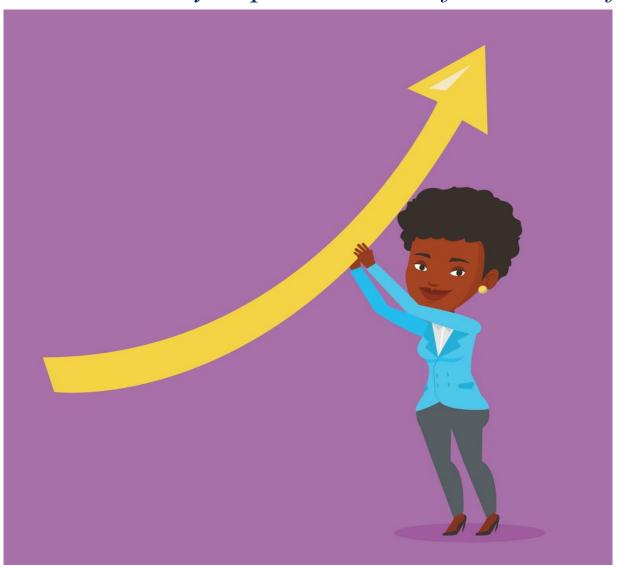


#### Focus On Impact



#### Focus on Persistent Positive Pressure

This doesn't mean you protect others from discomfort.



# A Tool for Those Who Want To Be Engaged

#### Note: Learn More



#### DO SOMETHING!

MY ONE THING

# Focus On How You Can Have a Positive Impact

At home

At work

In your community

#### What if...





# How could people perceive your inaction?



#### Best Case Scenario: Indifferent



#### Worst Case Scenario: Complicit

By not seeking to change an unjust system, you are protecting it.



# You Can't Stay Neutral on a Moving Train



# A Simple, But Powerful, Tool for Having the Difficult Conversation

#### Compassionate Curiosity Framework

FINDING CONFIDENCE FINDING CONFIDENCEIN CONFLICT **HOW TO NEGOTIATE ANYTHING** AND LIVE YOUR BEST LIFE KWAME CHRISTIAN, M.A., Esq.

# Compassionate Curiosity

- 1. Acknowledge and Validate Emotion
  - 2. Get Curious with Compassion
    - 3. Joint Problem Solving

# Step 1: Acknowledge and Validate Emotions



It sounds like...

It seems like...



#### Step 2: Get Curious with Compassion



## Step 3: Joint Problem Solving



#### Free Resources







# Takeaways

You can do this.

Small tweaks, Big Results.



