

Hi, my name is Ingrid Larsen, I grew up in Tulare, CA, then later moved to Lake County, CA. My parents were both Social Workers/Public Administrators and first generation college students. They grew up back East and met while attending Fresno State graduate school. My mother had earned her bachelor degree in Spanish from the University de Mexico. Growing up, I remember the influence her experiences had on how she identified as a person. We grew up with traditional mexican arts decorating the home. My mother was also a weaver. Today, we still have many of the textiles, pottery and traditional art she collected. As an adult, I look back and see how much she identified with the culture. She made sure to share this with my sister and I. We traveling throughout Mexico, visiting ruins, and we even attended a language school as children. As a child, I also spent many a weeknight at swim practice (growing up in San Juquin valley is HOT!) and my love of swimming was transferred to my daughter who swam competitively in college. As a child, I remember my parents working long hours and commuting. We were often left on our own, or with caregivers. I believe it helped build confidence and independence.

As children, my sister and I also spent a lot of time outdoors. Whether this be camping, or later when my parents were able to afford it, we had a cabin in the mountains where my parents enjoyed retreating to on weekends. Many weekends were spent hiking, playing in the creek, picking blackberries, and playing Trivial Pursuit. Many weekends I also helped with construction projects, to improve the cabin. At the time it felt very grandiose, now I realize it was very modest accommodations.



My kids (10 years ago)



My sister & I (running relay)



My husband & I

When I met my husband (who is a high school Chemistry teacher and coach), we settled into the town we were both raised, Kelseyville, Ca. We decided to build our own home, and this is a great source of pride and accomplishment for us as a family. We enjoy the 'do it yourself' projects. He also exposed me to the more 'country' parts about living in Lake County. He also coaching high school sports and that is very much part of our identity as a couple. Both of my children were very involved in athletics and clubs. As such, I found myself volunteering to be a

4-H Hog Leader (when I had no idea about how to raise them) among other things. Our two children are now both adults. Emma, just started her career as a BSN, RN in San Luis Obispo and my son is a Junior at Cal Poly, SLO studying Civil Engineering. He is fascinated by structural engineering and is currently working for Souza Construction company as a project manager. I am proud that they enjoy one another and find comfort in their ability to lean into one another. They went surfing together just yesterday. We are enjoying the new found freedoms of being 'empty nesters' and are creating a lengthy list of things we'd like to try out or visit.



My daughter & I running the Color Run in downtown Sacramento (just down the street from here!)



My son, fishing on Clearlake (popular to Bass fisherman)



My family - a few weeks ago at a local wedding with close friends